

William H. Mouradian, M.D. Orthopedic Surgery

September 14, 2021

Ms. Natalia Foley, Attorney-at-Law Law Office Of Natalia Foley 5753 East Santa Ana Canyon Road, Suite G616 Anaheim, CA 92807

Ms. Becky Kovac, Attorney-at-Law Law Offices Of Robert Wheatley 14661 Franklin Avenue, Suite 100 Tustin, CA 92780

Ms. Shannon Rocha, Claims Adjuster Adminsure, Inc. 3380 Shelby Street Ontario, CA 91764-5566

AGREED MEDICAL RE-EVALUATION

RE:

BUSH, PATRICIA

Case #:

21457856

DOB:

March 10, 1961

Date of Injury:

November 10, 2018

Employer:

Pomona Valley Hospital Medical Center

WCAB Case #:

ADJ11729532

Claim #:

18138707

To Whom It May Concern:

As requested, Ms. Patricia Bush was evaluated at my Anaheim office, for an Agreed Medical Re-Evaluation on September 14, 2021.

This report is submitted pursuant to 8 Cal Code of Regulations Section 9795 (b) and (c) as an ML-202-95 Follow-up Medical-Legal Evaluation. Limited to a follow up medical-legal evaluation

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THE WHEATLEY FIRM 14661 Franklin Avenue, Suite 100 Tustin, CA 92780 (714) 665-4800

Attorneys for Defendant ADMINSURE

WORKERS' COMPENSATION APPEALS BOARD

STATE OF CALIFORNIA

PATRICIA BUSH
Applicant,

VS.

DECLARATION PURSUANT TO CAL. CODE
REGS., TITLE 8, § 9793(N)

POMONA VALLEY HOSPITAL MEDICAL
CENTER PSI ADMIN BY ADMINSURE

Defendants.

RE: AME EXAMINATION BY WILLIAM MOURADIAN, M.D. SEPTEMBER 14, 2021 @12:30 P.M.

I, Becky Kovac, am an attorney at The Wheatley Firm, counsel of record for Defendant, Pomona Valley Hospital Medical Center, PSI, administered by Adminsure, in the above-captioned matter.

Pursuant to Cal. Code Regs., Title 8, § 9793(n), I declare that I have complied with the provision of Labor Code § 4062.3 before providing the documents to the physician.

I declare that the total page count, based on the scanner used to provide these documents, is 32.

I declare under penalty of perjury under the law of the State of California that the foregoing statements are true and correct.

Dated: 8/4/2021

Attorney for Defendant

ADMINSURE

becky@wheatleylaw.com

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by a physician which occurs within eighteen months of the date on 01/14/2021 which the prior medical-legal evaluation was performed.

Time spent face-to-face with the examinee was 1 hour. Total pages of records received and reviewed, 32.

INTERVAL HISTORY:

Since the patient was last seen on January 14, 2021, her left knee symptoms levelled off. She states that the pain was not the same as it was back in January 2021.

She continued to have follow-up visits with Dr. Haronian every six weeks. Medications were refilled. She also received a knee injection between March and April 2021. The injection provided her with significant pain relief. There was about 70% decrease in pain.

The patient also saw a pain management specialist, Dr. Caringi in about August 2021. She was prescribed with Norco 10 mg, which provided moderate pain relief.

She states that her benefits were reinstated in about between February and March 2021. However, she stopped receiving Workers' Compensation benefits by the end of July 2021. She states that she is receiving \$580 every two weeks.

Ms. Bush is currently working not working.

EXAMINER'S EXCERPTS FROM INTERVIEW:

She said that she was trying to go back to work without restrictions and about six weeks ago Dr. Haronian released her and said she could go back to work without the restrictions. However, Workers' Comp said that I had her on restrictions for the shoulder and that she could not come back until I would release her. She seeks to return to work without restrictions on September 20th. Prior to that time, she says she has to get paperwork done, license, CPR, etc., and things like that.

She had a consultation with an orthopedist in Pomona Valley who told her she could live with it, have a knee replacement or (as I understand it) have viscosupplementation.

I pointed out that Dr. Haronian's office, on July 19, 2021, said she had seen a knee specialist and received a cortisone injection on June 17, 2021. Before this, she had received at least one injection in the past.



PRESENT COMPLAINTS:

At present, the patient denies any left shoulder complaint.

At present, the patient complains of stabbing and throbbing pain in the left knee that comes and goes, which she characterizes as 2/10 on good days and 6/10 on bad days with associated swelling, stiffness and cracking. The pain radiates to the lower back and left foot. Bending, prolonged standing, walking, kneeling and stooping aggravate the pain. Norco, diclofenac gel and applying ice help alleviate the pain.

ACTIVITIES OF DAILY LIVING:

| | | EXAMINEE (Mark with an "X" be | HAS DIFFICULTY V | | | |
|----|---|-------------------------------|-----------------------|-------------------------|--|--|
| | CATEGORY OF ACTIVITY | ACTIVITY | Without Difficulty | With Some Difficulty | With Much Difficulty | Mostly Unable to Do |
| 1. | Self-care, personal | Take a shower | X | | | |
| | hygiene | Take a bath | | X | | |
| | | Wash & dry body | X | | | · · · · · |
| | (Urinating, defecating, | Wash & dry face | X | | | |
| | brushing teeth, | Turn on/off faucets | X | | | |
| | combing hair, bathing, | Brush teeth | × | | | |
| | dressing oneself, | Get on/off toilet | | x | | |
| | eating) | Comb/brush hair | X | | · · · · · · · · · · · · · · · · · · · | |
| | , Å | Dress self | X | | | |
| | | Put on/off shoes/socks | | x | | |
| | Section 1 | Open carton of milk | x | | | |
| | | Open a jar | + | | | |
| | | Lift glass/cup to mouth | X | | · | |
| | : | Make a meal | T X | | | |
| | | Lift fork/spoon to mouth | + x | | | |
| | | Describe other: | | | · | <u></u> |
| 2. | Physical activity | Stand | 1 | х | ······································ | Γ |
| | | Sit | × | | | |
| | (Standing, sitting, | Recline | Î | | | |
| | reclining, walking, climbing stairs) | Rise from a chair | | х | · · · · · · · · · · · · · · · · · · · | |
| | _ , | Get in/out of bed | | X | | |
| | | Climb flight of 10 stairs | | X | · · · · · · · · · · · · · · · · · · · | |
| | | Work outdoors | N/A | | · | |
| | | Light housework | X | | | |
| | | Shop/do errands | X | | | |
| | . * | Carry groceries | X | | | |
| | | Lift 5 lbs. | X | | | |
| İ | | Lift 10 ibs. | x | | | |
| | | Lift 20 lbs. | | × | | |



| Lift 30 lbs. | | X | |
|--|----------------|----------|--|
| Walk | X | | |
| Care for children or parents | N/A | | |
| Engage in hobbies (music or crafts, etc.) Indicate hobby: Riding bicycle | | х | |
| Describe other: The patient doe | s not do outdo | or work. | |

| | Ina | EXAMINEE HAS DIFFIC ark with an "X" below and exp | | ented) | | • |
|----|--|--|-----------------------|-------------------------|-------------------------|---------------------------|
| | CATEGORY OF ACTIVITY | ACTIVITY | Without Difficulty | With Some Difficulty | With Much Difficulty | Mostly Unable to Do |
| 3. | Communication | Write a note | × | | | |
| | (Writing, typing, seeing, hearing, speaking) | Type a message on a computer/typewriter | Х | | | |
| | | See a television screen | × | | | |
| | | Use a telephone | X | | | - |
| | | Speak clearly | X | | | |
| | A Company of the Comp | Hear clearly | X | | | |
| | | | | : | | |
| 4. | Nonspecified | Pick up small items | Х | | | |
| | hand activities | Turn a knob on a door | X | | | |
| | (Grasping, lifting tactile, discrimination) | Write with a pen/pencil | X | | | |
| | | Steer wheel of a car | X | | | |
| | | Describe other: None. | | · | | |
| 5. | Sensory function | Feel what you touch | T x | | | ', |
| | (Hearing, seeing, tactile feeling, | Taste what you eat | X | | | |
| | tasting, smelling) | Smell what you eat | X | | | , |
| | | Describe other: | | | | ı |
| 6. | Travel | Get in/out of a car | 1 | Х | | <u> </u> |
| | (Riding, driving, flying) | Drive a car | | x | | |
| | | Ride in a car | Х | | | |
| | | Fly in a plane | N/A | | | |
| | | Ride a bicycle | | X | | |
| | | Describe other: | | | | |
| 7. | Sexual function | Engage in N/ | 1 | | | |
| | (Orgasm, ejaculation, lubrication, | sexual activity | | | | |
| | erection) | Describe specific difficulty | : The patient is | not sexually act | ive. | |
| 8. | Sleep | Get to sleep | | (| | |
| | (Restful sleep, nocturnal sleep | Sleep through | 3 | (| | · · |
| _ | pattern) | the night | | | | |



| Have restful sleep | х | |
|------------------------------|--------------------------|--------------------------------------|
| Feel refreshed X | | |
| after sleep | | |
| Describe specific difficulty | : The patient sleeps abo | out six hours per night and wakes up |
| twice during the night. Or | nce awakened, she has o | difficulty going back to sleep. |

PHYSICAL EXAMINATION

Her physical examination reveals good range of motion, good strength in the left shoulder.

Her left knee examination is somewhat abnormal, but this did not preclude her from doing her usual and customary occupation.

Vitals:

Height:

5 feet 3 inches

Weight:

226 pounds

BMI:

39

Blood Pressure:

146/91

Temperature:

97.2

Pulse:

106

SpO2%:

97%

Respiration:

20

Major hand is the right.

GENERAL APPEARANCE:

| Observations | Examinee |
|---------------------------|----------|
| Ease of motion | WNL. |
| Visible discomfort | WNL |
| Arms while sitting | WNL |
| Arms on arisal from chair | 2+ |

Appliances: The examinee used an elastic brace on the left knee.



Gait and Station:

| Observations | Right | Left |
|--------------|-------|--------------------|
| Plantigrade | WNL | Slight antaigia |
| Toes | WNL | Slight antalgia |
| Heels | WNL | Slight antalgia |
| Heel-to-toe | WNL | Slight antalgia |

Range of motion of the Cervical Spine:

| Measurements | Range of Motion | Pain |
|-----------------------|-----------------|---------|
| Flexion | 65° | |
| Extension | 35° | |
| Right Rotation | 65° | |
| Left Rotation | 45° | Left SA |
| Right Lateral Bending | 30° | |
| Left Lateral Bending | 26° | |

Shoulder Motion and Arm Measurements:

| Measurements | Right | Pain | l.eft | Pain |
|--------------------------|-------|------|-------|------|
| Flexion | wni | | Wnl | |
| Abduction | 11 | | " | |
| Internal rotation | " | | H | |
| External Rotation | 40° | | 20° | |
| Extension | 30° | | 30° | |
| Adduction | 25° | | 25° | |

| Tests | Right | Left | Comment |
|-------------|-------|------|---------|
| Neer's | WNL | +1 | |
| Hawkin's | WNL | +2 | |
| Painful arc | WNL | +2 | |

ELBOWS:

| Measurements | Right | Left | Pain/Comment |
|--------------|-------|------|--------------|
| Flexion | WNL | WNL | |



| Extension | WNL | WNL | |
|------------|-----|-----|---------------------------------------|
| Pronation | WNL | WNL | · · · · · · · · · · · · · · · · · · · |
| Supination | WNL | WNL | |

WRISTS:

| Measurements | Right | Left | Pain |
|------------------|-------|------|------|
| Dorsiflexion | WNL | WNL | |
| Palmar Flexion | WNL | WNL | |
| Radial Deviation | WNL | WNL | |
| Ulnar Deviation | WNL | WNL | |

Upper Extremity Circumference:

| Measurements | Right | Left |
|--------------|-------|-------|
| Upper arm | 43 cm | 45 cm |
| Forearm | 29 cm | 29 cm |

PERIPHERAL NEUROLOGICAL EXAM:

| Tests | Right | Comment | Left | Comment |
|-------------|-------|---------|------|---------|
| Cubital | WNL | | WNL | |
| Guyon | WNL | | WNL | |
| Carpal | WNL | | WNL | |
| Control | WNL | | WNL | |
| Phalen's | WNL | | WNL | |
| Durkan's | WNL | | WNL | |
| Sensory | WNL | | WNL | · |
| Motor | WNL | | WNL | |
| Circulation | WNL | | WNL | |

| Deep Tendon Reflexes | Right | Left | Comment |
|-----------------------------|-------|------|---------|
| Biceps | WNL | WNL | |
| Brachioradialis | WNL | WNL | |
| Triceps | WNL | WNL | |



| Pectoralis | WNL | WNL | |
|------------|-----|-----|--|
| Palm | WNL | WNL | |
| Hoffman | WNL | WNL | |

Jamar dynamometer testing (in kgs.) reveals 24, 20, 16 right and 20, 16, 18 left.

Pinch strength testing (in pounds) reveals: 10, 9, 11 right and 9, 9, 10 left.

LUMBAR SPINE AND LOWER EXTREMITIES

Lumbar Spine Appearance:

There were no spasms noted.

| Deep Tendon Reflexes | Right | Left | Comment |
|----------------------|-------|------|---------|
| Knees | WNL | WNL | |
| Ankles | WNL | WNL | |

Lower Extremity Circumference:

| Measurements | Right | Left |
|---------------|-------|-------|
| Thigh | 60 cm | 60 cm |
| Suprapatellar | 43 cm | 46 cm |
| Knee | 40 cm | 40 cm |
| Calf | 39 cm | 41 cm |

Straight Leg Tests:

| Test | Right degree | Comment | Left degree | Comment |
|-------------|--------------|---------|----------------|---------|
| Sitting SLR | WNL | | WNL | |
| Supine SLR | WNL | | WNL | |

Range of Motion of the Lumbar Spine:

| Measurements | Range of Motion | Pain/Comment |
|--------------------------|-----------------|--------------|
| Flexion | 75° | |
| Finger-to-Floor (inches) | 6" | |

| Reversal (Stability) | 2° |
|-----------------------------|-----|
| Flexion Pain | 2/5 |
| Reversal (Stability) | 5/5 |
| Abnormal Arisal (Stability) | 2/5 |
| Arisal Pain (Stability) | 2/5 |
| Slow Speed (Stability) | 2/5 |
| Left Lateral Bending | 25° |
| Right Lateral Bending | 25° |
| Extension | 25° |

| <u>Sensory</u> | Right | Left | Abnormal/Comment |
|----------------|-------|------|------------------|
| Normal | WNL | WNL | |
| Motor | Right | Left | Abnormal/Comment |
| Normal | WNL | WNL | |

| Circulation | Right | Left | Comment |
|-------------|-------|------|---------|
| | | | |
| Dorsalis | WNL | WNL | |

Range of Motion of the Hips:

| Measurements | Right | Left | Comment |
|---------------------|-------|------|---------|
| Flexion | WNL | WNL | |
| Abduction | WNL | WNL | |
| Internal rotation | WNL | WNL | |
| External rotation | WNL | WNL | · |
| Adduction | WNL | WNL | |
| Flexion Contracture | None | None | |

Range of Motion and Exam of the Knees:

| Measurements | Right | Left . | Comment |
|----------------------------|-------|--------|---------|
| Flexion | 130 | 115 | |
| Medial Laxity (Stability) | WNL | WNL | |
| Lateral Laxity (Stability) | WNL | WNL | |



| Anterior Drawer (Stability) | WNL | WNL | |
|-----------------------------|------|-----|------------------|
| Lachman's (Stability) | WNL | WNL | |
| Crepitus | None | 3+ | Click during ROM |
| Temperature | WNL | 2+ | |
| Effusion | None | 3 | |
| Medial Tenderness | WNL | 3 | |
| Lateral Tenderness | WNL | 1 | |
| Patellar Tenderness | WNL | 1 | |
| Posterior Tenderness | WNL | 1 | |
| Diffuse Tenderness | WNL | 1 | |

Range of Motion and Exam of the Ankles:

| Measurements | Right | Left | Comment | | |
|---------------------|-------|------|---------|--|--|
| Dorsiflexion | WNL | WNL | | | |
| Plantar flexion | WNL | WNL | | | |
| Flexion contracture | None | None | | | |
| Inversion | WNL | WNL | | | |
| Eversion | WNL | WNL | | | |
| Varus | WNL | WNL | | | |
| Valgus | WNL | WNL | | | |
| Tenderness | WNL | WNL | | | |
| Stability | WNL | WNL | | | |

RECORD REVIEW:

1. 04/26/21 Nicholas Cascone, PA-C/Edwin Haronian, MD PTP's Progress Report (PR-2). CC: Reviewed the AME report of Dr. Mouradian and attempted the left knee cortisone injection per Dr. Mouradian's recommendations at the last visit on 03/08/21. The patient reports very little benefit. It was his opinion that if the patient obtains little benefit from the intraarticular injection that an arthroscopy should be avoided. Therefore, requesting authorization for knee specialist for further evaluation of the left knee arthroplasty. Dx: 1) Impingement syndrome of left shoulder. 2) Unspecified sprain of left shoulder joint subsequent encounter. 3) Derangement of medial meniscus. 4) Superior glenoid labrum lesion of left shoulder subsequent encounter. 5) Shoulder sprain/strain. Tx Plan: Requested authorization for knee specialist evaluation for the left knee arthroplasty. Work Status: Temporary total disability. F/u in 6 weeks.

2. 05/20/21 Jonathan T. Nassos, MD - NASSOS Initial Orthopedic Evaluation . (DOI: 11/10/18) Hx of Injury: Patient sustained industrial injuries on 11/10/18 while working as a licensed Psyche Technician with Pomona Valley Hospital Medical Center. She states on 11/10/18, during employment, she was getting up out of her chair, took 2 steps, slipped and fell. She states there were no cautions signs that the floor had recently been mopped and was wet. She landed on her left shoulder and left knee and experienced immediate pain in these areas. She reported the injury to her supervisor and was referred form medical care. On 11/10/18 she was initially examined by the Emergency Room physician at Pomona Valley Hospital Medical Center in Pomona. She was referred to the urgent care in Chino. She was placed off duty for 2 days. She was already scheduled to be off duty and was given medication for pain and inflammation. She returned to work regular duties. She received some physical therapy for her left shoulder and left knee, providing her temporary pain relief. She has not had any diagnostics. She has continued working full duty. On 02/11/19 she was examined in our office by Dr. Edwin Haronian. She was taken off work and placed on TTD. X-rays of her left shoulder were taken. An MRI study of her left shoulder and left knee was performed. PRP injections for her left knee were requested, however it was denied by the insurance provider. She was prescribed medication for pain, gastritis and inflammation. Physical therapy to her 1eft shoulder and left knee three times a week, with no pain relief. She underwent left shoulder arthroscopy surgery on 07/30/19, followed by post-op physical therapy to her left shoulder, which worsens her pain. She also underwent left knee arthroscopy surgery on 12/03/19, followed by physical therapy to her left knee, with no pain relief. She was referred to an internal medicine physician. She is being referred to the house for a comprehensive Orthopedic evaluation of her left knee. She periodically followed for pain evaluations and medications and she was last examined on 04/26/21. On 03/26/20 she was examined by Dr. William H. Mouradian MD in the capacity of PQME in Long Beach. She underwent a PQME evaluation. X-rays of her left knee were taken. A total knee replacement to her left knee was suggested if the injections did not help with her pain. She was seen twice. She presents for a comprehensive Orthopedic evaluation. CC: Patient complains of constant aching in the left knee, becoming sharp and shooting with standing and walking. She states she has clicking, popping and locking in her left knee. She states she has episodes of swelling in the knee. She states that her knee has given out, causing her to lose her balance. She has difficulty standing and walking for a prolonged period. She has difficulty ascending and descending stairs and walks with an altered gait. She states that her pain level varies throughout the day depending on activities. She awakens with pain and discomfort. Hearing and ice packs, resting and pain medication provides her pain improvement, but she remains symptomatic. She uses a knee brace. Impression: Status-post left knee arthroscopy with medial compartment chondromalacia and medial

- meniscus tear. Tx Plan: Recommended injections. If no pain relief after 2 different injections would recommend against any type of surgery. Requesting previous medical records for review.
- 3. 06/07/21 Edwin Haronian, MD PTP's Progress Report (PR-2). CC: Patient is still complaining of residual symptoms. Authorization was provided for a knee specialist to consider a knee replacement. She was seen by Dr. Nassos, who recommended avoiding operative intervention. He also recommended injections. She was also seen by Dr. Mouradian. Dr. Mouradian recommended injections as well. Awaiting the conclusion of these issues. Dx: 1) Shoulder sprain/strain. 2) Radiculopathy, lumbosacral region. 3) Sprain of knee. 4) Impingement syndrome of left shoulder. 5) Superior glenoid labrum lesion of left shoulder, subsequent encounter. 6) Unspecified sprain of left shoulder joint, subsequent encounter. 7) Impingement syndrome, shoulder. 8) Derangement of 9) Other tear of medial meniscus, current injury, left knee, subsequent encounter. 10) Derangement of other medial meniscus due to old tear or injury, left knee. Tx Plan: Recommended patient to continue with the use of the medications. Her medications will be refilled at the lowest dosage. She has not been able to return back to work. She has been using a brace. At this time, in ordered to regain muscle function and strength. Also requesting a neuromuscular electrical stimulator for patient. Home exercises are recommended. F/u in 6 weeks.
- 4. 07/15/21 Jonathan T. Nassos, MD NASSOS Orthopedic Followup Evaluation . CC: Patient is following up in the clinic now regarding her multiple body parts with the focus being on her left knee. She received a corticosteroid injection last follow-up of the left knee and stated that she now has 0/10 pain and feels great. She would like to return back to work full duty as of 07/23/21, stating that she has a funeral she is attending on 07/22/21. She is not taking any medications right now secondary to not having any pain. She is following up with Dr. Haronian on Monday. Currently, she is TTD; however, will be modifying her restrictions. Impression: Status post left knee arthroscopy with medial compartment chondromalacia and medial meniscus tear. Tx Plan: She is soliciting future corticosteroid injection in 4 to 6 months from the last follow-up, depending on her symptoms. Work Status: TTD. Full duty on 07/23/21. F/u in 4 weeks for reevaluation.
- 5. 07/19/21 Nicholas Cascone, PA-C/Edwin Haronian, MD PTP's Progress Report (PR-2). CC: Patient presents following her previous clinical visit on 06/07/21 reporting good benefit from the cortisone provided through the knee specialist on 06/17/21. She states the QME re-evaluation is pending on 09/14/21 but wishes to attempt to return to her usual and customary duties. Dx: 1) Derangement of medical meniscus not elsewhere classified and not otherwise specified. 2) Impingement syndrome of left shoulder. 3) Unspecified sprain of left shoulder joint subsequent encounter. 4) Derangement of

medial meniscus. 5) Superior glenoid labrum lesion of left shoulder subsequent encounter. 6) Shoulder sprain/strain. Tx Plan: Patient's medications will be refilled. Patient should attempt to return to her usual and customary duties as of 07/27/21. She should remain on temporary total disability until that date. F/u in 6 weeks. Work Status: Patient is on temporary total disability until 07/26/21. She should return back to usual and customary work with no restrictions. Return to clinic in 8 weeks.

DIAGNOSES

- 1. Internal derangement of the left shoulder.
- 2. Status post shoulder arthroscopy, left.

07/30/19 William Foran, MD Operative Report Preop Dx: 1) Left shoulder impingement. 2) Left shoulder labral tear. Operation Performed: 1) Left shoulder diagnostic arthroscopy. 2) Extensive synovectomy. 3) Chondroplasty Glenoid. 4) Arthroscopic subacromial decompression with resection of the CA ligament. 5) Arthroscopic distal clavicle resection, Mumford procedure. 5) Left shoulder labral debridement. 7) Left shoulder partial synovectomy. 8) Left shoulder subacromial decompression with resection of the CA ligament. 9) Injection of glenohumeral joint with Lidocaine for post op comfort. 10) Application of a brace. 11) Placement of a pain pump through a separate incision. Postop Dx: 1) Left shoulder labral fraying. 2) Left shoulder impingement. 3) Left shoulder tendinitis.

1. Internal derangement of the left knee.

MRI, April 4, 2019: Longitudinal horizontal oblique tear of the body and posterior horn of the medial meniscus.

2. Status post left knee arthroscopy.

12/03/19 Edwin Haronian, MD Operative Report Preop Dx: Left knee meniscal tear. Operation Performed: 1) Left knee diagnostic arthroscopy. 2) Partial medial meniscectomy. 3) Partial synovectomy patellofemoral compartment. 4) Partial synovectomy medial knee compartment. 5) Partial synovectomy lateral knee compartment. 6) Chondroplasty paella. 7) Chondroplasty lateral femoral condyle. 8) Chondroplasty medial femoral condyle. 9) Injection of left knee with

lidocaine for postop comfort. 10) Application of a brace. Postop Dx: 1) Left knee meniscal tear. 2) Left knee chondromalacia.

3. Progressive internal derangement, left knee, with degenerative arthritis, per new MRI 8/25/2020.

Impression:

- 1. Advancing tearing of the body and posterior hom the medial meniscus.
- 2 Advancing arthritis and cartilage loss of the medial femorotibial compartment.
- 3. Stable low grade partial tearing of the ACL, likely chronic.
- 4. Moderate size joint effusion.

HAMIDREZA TORSHIZY, MD

4. Degenerative arthritis, left knee, with 3 mm medial joint space.

WILLIAM MOURADIAN MD 11010 WHITE ROCK RD # 120 RANCHO CORDOVA, CA 95670

NAME: BUSH, PATRICIA DOB: 03/10/1961 NRN: 392996 EXAM DATE: 02/19/2021 02:36 PM

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EXAMINATION: XR Knee 1 or 2 View LT

Addendum: Joint space measurements are as follows: Medial joint space: 3 mm.
Lateral joint space: 5.5 mm.
Patellofemoral joint space: 4.5 mm.

ORIGINAL REPORT

DISABILITY STATUS:

She is MMI for all parts.

I released her for full time full duty on 9/20/21 as per the above rationale.

Dr. Haronian's last report of 7/19/2021 was then reviewed, which show a planned release for full duty on 7/26/2021. However, there is no MMI report nor release in the file.



WORK RESTRICTIONS:

None.

WHOLE PERSON IMPAIRMENT

Left shoulder: There is 3 % LUEI, or 2% WPI. This is based on minimal ROM restrictions in the lesser planes of motion.

Left knee: ROM 115, partial medial menisectomy, joint space 3 mm = 7% LLEI, or 3 % WPI. There are significant patellofemoral problems, equaling 2% WPI, and a 2% add on for pain, or 7 % left knee WPI.

CAUSATION (AOE/COE):

Established for the knee and left shoulder.

APPORTIONMENT:

The medical file contains reference to other body parts and systems, but none to the left shoulder or knee. Passing references to the bilateral shoulders are clearly discussing trapezial pain.

There is no apportionment.

CONTINUING TREATMENT:

in accordance with usual and customary guidelines.

I see no need for further surgery to the left shoulder.

The left knee condition may deteriorate and require further evaluation and testing.

I also need to clarify a prior statement when I discussed injection with her and said that *if did* not relieve her pain for a few hours, then surgery would not be useful.

In any event, she subsequently had another injection with complete relief of symptoms at that time.



This report is for Med-Legal assessment of the injury noted and is not to be construed as a complete physical examination for general health purposes. Only the symptoms which are believed to have been involved in the injury or that might be related to the injury have been assessed.

If you have any questions regarding this report, or if I can be of further assistance, please do not hesitate to contact this office by way of jointly signed written correspondence, Advocacy letter, conference call, or deposition held at this office.

Thank you for the opportunity to evaluate Ms. Patricia Bush. Please contact me if I can be of further assistance.

COMPLIANCE DISCLOSURE STATEMENT

I certify that I took the complete history from the patient, conducted the examination, reviewed all available medical records, and composed and drafted the conclusions of this report. If others have performed any services in connection to this report, outside of clerical preparation, their names and qualifications are noted herein. An initial excerpting of the medical records was completed by K. Venkat Mahesh is trained in medical record excerpting. In combination with the examination, the excerpts and records were reviewed to define the relevant medical issues. The conclusions and apinions within this report are solely mine. I declare under penalty of perjury that the information contained in this report and its attachments, if any, is true and correct to the best of my knowledge and belief, except as to information that I have indicated I received from others. As to that information, I declare under penalty of perjury that the information accurately describes the information provided to me and, except as noted herein, that I believe it to be true. In accordance with Labor Code Section 5703(a) (2), there has not been a violation of Labor Code Section 139.3, and the contents of the report are true and correct to the best of my knowledge. This statement is made under penalty of perjury.

Pursuant to 8 Cal. Code Regs. Section 49.2-49.9, I have complied with the requirement for face-to-face time with the patient in this evaluation. If necessary, I have discussed apportionment in the body of this report. If I have assigned disability caused by factors other than the Industrial injury, that level of disability constitutes the apportionment. The ratio of nonindustrial disability, if any, to all described disability represents my best medical judgment of the percentage of disability caused by the industrial injury and the percentage of disability caused by other factors, as defined in Labor Code Section 4663 and 4664.

Sincerely,

William H. Mouradian, M.D.

Orthopedic Surgery

Date Report Signed: September 22, 2021

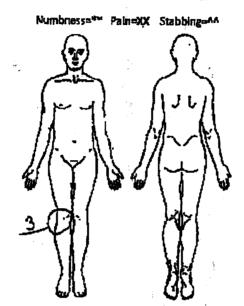
County: LA

WHM:ANS/lea:9/20/21

Recheck

NEW PAIN DIAGRAM

PLEASE MARK PAIN DIAGRANT



Pain Severity

Front

I = NO PAIN 10 = WORST POSSIBLE PAIN

| Painful Area | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|--------------|-----|-----|----|---|---|---|----------|----|---|-----|
| Headache | Ϊ. | • | | | | | | | • | |
| Neck | ŧ | | | | | | | | | . ~ |
| Rt Arm/Hand | . [| | t· | 1 | | | | | | |
| Lt Arm/Hand | T | | • | į | | | | | | |
| Low Back | 1 | | | • | ٠ | | i | | | |
| Rt Leg/Foot | , | • - | | | - | | \vdash | | | |
| Lt Leg/Foot | 1 | | | | | _ | | ┝… | - | : |

Physician's Return-to-Work & Voucher Report FOR INJURIES OCCURRING ON OR AFTER 1/1/13

| ☐ The Em | ployee is P&S | ifrom all co | onditions and the ir | njuiñ has c anae d be | rmänent pär | tial disability |
|---|---------------------------|---------------|--|----------------------------------|-----------------|-----------------------|
| Employee Last Name Bush Claims Administrator AdminSure, Inc. | | | Employee First Name MI Date of Injury Patricia 11/10/2018 Claims Representative Shannon Rocha | | | |
| | | | | | | |
| Employer Name Pomona Valley Hospital Medical | ceriter | | Employer Street | et Address | | |
| Employer City | | | State | Zip Code | | im No. 138707 |
| The Employee can return to re | gular work. | | | | | |
| The Employee can work with the | | estrictions: | | | | |
| _ , , | 1-2 2-4 4-6 | - | | rictions: May not lift | /carry at a h | siahf à f |
| Ştanding | | | • | • | _ | |
| sianung Wälking | | | more than | lbs: for m | ore than | hours per day |
| Silting | | - | Describe in what w | ays the impaired ac | tivities are li | mited: |
| Cilmbing | | | 1 1. | 1 18 | 2001 | |
| Forward Bending | | | Dentan | uber 20, | LUWI | |
| Kneeling | | | , 0 | . , | | |
| Crawling | | | | | | |
| Twisting | | | | | | · |
| .Keyboarding | | | | | | .* |
| R/L/Bilat Hand(s) (circle): Grasping | | | | | | |
| RIL/Bliat Hand(s) (circle): Pushing/ Pulling | | | | | | |
| Other:(See below |) 🗆 🗆 🗆 | | | | | |
| | | | | 4 4 | | |
| | | | | | | • |
| f a Job Description has been prov | ilded, please. | compilete: | į | Regular M | todified | Alternative Worl |
| Job Title: | | | Work Location: | | | |
| Are the work capacities and activities set forth in the provided job descri | y restrictions: ption? | compatible | with the <i>physical</i> i | equirements | ☐ Yes | . ☐ No, explain belov |
| | | | | | | |
| Physician's Name | m Mouradiar | 7 | | | of Doctor | 3) |
| Physician's Signature | | | | Date | 9/14/2 | 021 |
| DWC AD Form 10133.36 (SJDB) Ett. 1/1/ | 14 | | | | | |

10/04/2021

State of California DIVISION OF WORKERS' COMPENSATION - MEDICAL UNIT

AME or OME Declaration of Service of Medical - Legal Report (Lab. Code § 4062.3(i))

| | <u>h</u> (employee name) | Claims Adjuster: (claims admin | Snannon Kocna vistrator name, or if none employer) |
|--|--|--|--|
| sim Number: 1813870 | 7 | EAMS or WCAB C | ase No. (if anv): ADJ11729532 |
| I, | $x = x^{2}$ | Alicia Escobar | declare |
| | | (Print Name) | , declare: |
| 1. I am over the age | of 18 and not a par | rty to this action. | Samuel |
| 2. My business addre | ess is: <u>11010 White</u> | Rock Road, Suite 120 Ranch | o Cordova, CA 95670. |
| comprehensive medic | al-legal report on | attached original, or a true each person or firm named named below, and by: | and correct copy of the original, below, by placing it in a sealed |
| A | depositing fully pre | ng the sealed envelope with the | e U. S. Postal Service with the postage |
| В | ordinary practice same da deposited | business practices. I am for collecting and processing that correspondence is placed | ollection and mailing following our readily familiar with this business's g correspondence for mailing. On the aced for collection and mailing, it is usiness with the U. S. Postal Service in repaid. |
| C | placing t or a regu | he sealed envelope for collect larly utilized drop box of the | tion and overnight delivery at an office overnight delivery carrier. |
| D | placing to for service personal | ce. (Messenger must return | up by a professional messenger service to you a completed declaration of |
| E | personall at the add | y delivering the sealed enveloniess shown below. | ope to the person or firm named below |
| Means of Service: For each address, | Date Served: | Addressee and Address Sh | own on Envelope: |
| nter A-E as appropriate)BB | September 22, 2021 September 22, 2021 | Becky Kovac, Law Office of Robe | 3380 Shelby Street, Ontario, CA 91764-5566 at Wheatley, 14661 Franklin Ave Suite 100, Tusti |
| B | September 22, 2021 | CA 92780 Natalia Foley, Natalia Foley Law (Anaheim, CA 92807 | Office, 5753 E. Santa Ana Canyon Rd. Ste G616, |
| I declare under penalty correct. Date: <u>S</u> | of perjury under | the laws of the State of Cal | ifornia that the foregoing is true and |
| | _ | | Alicia Escobar |

QME Waiver Form

Employee – Patricia Bush Employer – Pomona Valley Hospital Medical Center Date of Injury – 11/10/2018 Our Claim Number – 18-138707

I am in receipt of Dr. Mouradian report dated 09/14/2021, and I agree with the findings contained in the report. I have been advised of my rights to obtain a second opinion and do not wish to be evaluated by a Qualified Medical Evaluator.

If you agree with the above statement, please return this completed form to AdminSure via mail or fax: 909-860-3995 as soon as possible.

| Signed | |
|--------|--|
| Dated | |